

# OUNCE OF PREVENTION TRAINING WEBINARS

Introduced in 2007, the *Ounce of Prevention is Worth a Pound* tool kit was developed to address the growing epidemic of childhood obesity. The goal was to provide primary care providers with simple tools to educate parents of children in prevention strategies by making good nutritional and physical activity decisions for their children.



*"This has been a great benefit to our office and we plan to continue using the program"*  
 -Mark Winerman, MD

## 2010 WEBINAR SCHEDULE

<b>Dates:</b>	<b>Times:</b>
<b>Tuesday, August 24</b>	<b>10-11 am</b>
<b>Friday, August 27</b>	<b>12-1pm</b>
<b>Thursday, September 2</b>	<b>10-11 am</b>
<b>Tuesday, September 7</b>	<b>12-1pm</b>
<b>Tuesday, September 14</b>	<b>5-6pm</b>
<b>Wednesday, September 22</b>	<b>10-11 am</b>
<b>Tuesday, September 28</b>	<b>12-1pm</b>
<b>Tuesday, October 19</b>	<b>12-1pm</b>
<b>Wednesday, November 3</b>	<b>5:30-6:30 pm</b>

***Please register today for this FREE HOUR OF CME!***

**Training for Pediatricians and Office Staff Includes :**

- Parent handouts on nutrition and physical activity, calcium, snacks, and serving sizes.
- Anticipatory guidance tips tip sheets for the patient's chart, office posters, BMI growth charts, and BMI wheel.
- Educational media for the waiting room, CD with all educational materials.



This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Nationwide Children's Hospital and the Ohio Chapter, American Academy of Pediatrics. Nationwide Children's Hospital is accredited by the ACCME to provide continuing medical education for physicians.

Nationwide Children's Hospital designates this educational activity for a maximum of *1.0 AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

*The Ohio Department of Health has provided a grant to the Ohio AAP to disseminate this information through webinars, 5 regional trainings and a learning collaborative that will have Part IV MOC.*

### **Registration Form**

Registration is **FREE**—Webinar instructions will be sent via e-mail upon confirmation of registration

Name and Degree: \_\_\_\_\_

Institution: \_\_\_\_\_ Date of Webinar: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

To register: **Mail this form to: Elizabeth Kelleher, Ohio AAP, 450 W. Wilson Bridge Rd., Suite 215, Worthington, OH 43085, fax to 614-846-4025, or e-mail form to [ekelleher@ohioaap.org](mailto:ekelleher@ohioaap.org). Questions? 614-846-6258**

**You may register online at [www.theounceofprevention.org](http://www.theounceofprevention.org)**